JEEVAN SHIKSHA

education from life

Registration Number: **1963/2017**







ANNUAL REPORT

2025 - 2026

From the Leader's Desk



It is a pleasure to present Jeevan Shiksha's Annual Report for 2025–26. The report reflects our continued work with marginalised communities in Assam and Uttarakhand, and our belief that meaningful development begins with listening, learning, and working alongside communities.

"Our work begins with the community, and grows through shared learning, participation and understanding."

Over the years, Jeevan Shiksha has developed programmes across health, education, mental well-being, gender equality, youth engagement and environmental awareness. Our work began with community-based education initiatives and has grown to include mental health support, reproductive and menstrual health, community learning centres, nature education and sports-based youth engagement.

This year, the Mental Health Treatment Alliance (MITA) project continued to provide mental health treatment, medication, counselling and psychoeducation to patients and their families. Our reproductive health programme reached adolescent girls and women in tea garden communities, while community libraries and learning centres continued to provide children and young people with access to education and learning opportunities.

We also continued to use sports, creative activities and environmental learning as spaces for children and youth to develop confidence, leadership, curiosity and a stronger understanding of their communities and surroundings. Programmes such as Ultimate Frisbee, birdwatching, nature guide sessions, Moth Week and Bal Mela created opportunities for learning beyond conventional classroom settings.

The work would not be possible without the commitment of our team, trustees, community members, partners, donors and well-wishers. Their continued engagement enables Jeevan Shiksha will remain responsive to the needs and aspirations of the communities with whom we work.

As we look ahead, we remain committed to strengthening community-led initiatives and developing processes that enable children and young people to learn, participate and contribute. We will continue to build on our experience while remaining grounded in our core values of **Harmony, Integrity, Diversity and Honesty.**

~
Proshik Das
Managing Trustee

About Us

Jeevan Shiksha was started in 2017 and works with marginalised communities in Assam and Uttarakhand. In Assam, the organisation works with Adivasi tea garden communities. In Uttarakhand, it supports the Van Gujjar community, including families living in settlements with limited access to healthcare and education.

Jeevan Shiksha began with education through community learning centres and community libraries. Its work has since expanded to mental health, livelihoods, menstrual and maternal health, nature education, sports, cultural activities and access to government services. During COVID-19, the organisation also provided medical assistance, food, ambulance services and relief in flood-affected areas.

The organisation works with partner organisations across India to strengthen community health, education and youth leadership. Its approach centres on developing processes collaboratively with communities, particularly children and youth, so that learning and mutual understanding become shared resources.

Its core values are **Harmony, Integrity, Diversity and Honesty.**



Mission

To develop and Implement pedagogy of processes in collaboration with community specially children and youth to enhance mutual understanding, and to build a repository of knowledge from it.

Vision

A collective understanding and exploration of life without division, where communities can learn, participate, and develop greater mutual understanding.

Presence

Jeevan Shiksha works with marginalized communities in **Assam and Uttarakhand** including Adivasi tea garden communities and the Van Gujjar community.

Annual Program Highlights



Mental Health Treatment Alliance (MITA)

SDG 3: Good Health and Well-Being.

Access to mental healthcare remains a concern for communities where specialised services may not be readily available. Through the Mental Health Treatment Alliance (MITA), Jeevan Shiksha provides accessible mental health support across **Tinsukia and Dibrugarh districts.** The programme reaches approximately **70–80 beneficiaries each month** through regular mental health camps. Psychiatric consultation and medicines are provided by a psychiatrist, alongside counselling and follow-up support from a social worker. Field visits and family psychoeducation strengthen continuity of care, while poster campaigns and street plays extend mental health awareness within the wider community.

Reproductive Health

SDG 3: Good Health and Well-Being and SDG 5: Gender Equality

The reproductive health programme works across five tea garden lines of **Balijan Tea Estate and two nearby schools,** reaching approximately 2**,000 adolescent girls and women.**

Sessions address menstrual hygiene, affordable menstrual products, contraception, pregnancy-related risks, nutrition and gender. Discussions on equality, consent and mutual respect create space for participants to ask questions and address commonly held taboos. By combining health information with open discussion, the programme supports greater awareness of menstrual, reproductive and maternal health among women and adolescent girls.





Community Library

SDG 4: Quality Education

The community library at Balijan Tea Estates functions as a learning centre for approximately **400 children** and young people from surrounding communities. Trained field coordinators facilitate reading and storytelling sessions designed to build knowledge, critical thinking, and interest in reading. Access to books and educational resources provides children with opportunities to learn beyond the classroom. Through story-based learning and regular engagement, the library supports literacy, creative learning, and continued interest in education while making learning resources more accessible to community students.



Community Learning Centres

SDG 4: Quality Education

In Uttarakhand, three community learning centres currently operate at **Thanda, Natthu Chhod and Kotwali,** with three dedicated teachers providing primary education to approximately **100 children**. Children are grouped according to learning levels, allowing teachers to plan sessions according to their needs. Alongside academics, the centres incorporate games, sports, nature education and art. The centres are particularly important for children living in remote areas where distance and limited access make school attendance difficult. Older children are supported towards enrolment in schools after primary education



Sports and Youth Engagement

SDG 3: Good Health and Well-Being and SDG 5: Gender Equality

Sports provide children and young people with opportunities to develop physical fitness, confidence and leadership. Jeevan Shiksha uses Ultimate Frisbee as one such platform, engaging approximately 400 youth in sports activities. The programme creates opportunities for young people to build sporting skills while developing confidence and leadership. The organisation's work with sports partners has also created pathways for young people to access wider learning and leadership opportunities, including the experience documented in the beneficiary story of Anjona from Balijan Tea Estate.

Birdwatching and Nature Education

SDG 4: Quality Education and SDG 15: Life on Land

Under the MAEE programme in Uttarakhand, children participate in guided birdwatching sessions in nearby forests. Approximately **290 children** learn to identify birds through their sounds, colours, and physical features while exploring their habitats, behaviour, and migration. The sessions focus on species found locally, helping children become familiar with their natural surroundings. By combining field observation with storytelling and guided learning, the programme gives children opportunities to understand biodiversity and build an early connection with nature.

Nature Guide Sessions & Moth Week SDG

SDG 4: Quality Education and SDG 15: Life on Land

Nature Guide Sessions engage approximately 250 children in forest-based learning around conservation, wildlife protection and environmental responsibility. Moth Week extends this approach to biodiversity education, with **100 children, 300 community members and 12 youth participating.** Participants explore moth life cycles, habitats and ecological roles, with the programme concluding with a movie screening. Together, these activities use direct observation and community participation to make environmental learning accessible while increasing awareness of forests, biodiversity and local ecosystems.





Bal Mela

SDG 4: Quality Education and SDG 10: Reduced Inequalities.

Bal Mela is Jeevan Shiksha's five-day annual community event, bringing together approximately 120 children, 20 guests, and 300 community members. Held in October, the event combines creative, educational, and cultural activities including origami, science from waste, games, puzzles, painting, nature-based art, traditional Van Gujjar home models, film screenings, poster-making, and a tree walk. The programme concludes with a Sports Day Finale and Dawat-e-Taleem, a community feast. It provides children and communities with opportunities to learn, share knowledge, and connect with people from different parts of India.

Annual Impact Highlights

During 2025–26, Jeevan Shiksha's programmes created opportunities for children, youth, women and families to access health services, education, learning resources, sports and environmental education. The organisation's reported reach includes approximately 800 Stakeholders through MITA, around 450 children and youth through the community library, approximately 400 youth through Ultimate Frisbee, and 2,040 adolescent girls and women through reproductive health programming. Community learning centres, nature education, Moth Week, and Bal Mela further extended engagement across Assam and Uttarakhand.



800
MITA Stakeholders



2,040
Adolescent girls and women reached through reproductive health



100
Creative learning participants



400
Children and youth accessing community library



540
Children engaged in nature education



412
Participants exploring moth ecology



540
People participating in Bal Mela



412
Van Gujjar children accessing education

Additional Programme Reach

- **Approximately 290 children participated in birdwatching activities.**
- **Approximately 250 children participated in Nature Guide Sessions.**
- **100 children, 300 community members, and 12 youth participated in Moth Week.**
- **120 children, 300 community members, and 20 guests participated in Bal Mela.**

Team & Impact Table



Team

PD **Proshik Das**
Managing Trustee

TA **Taukeer Alam**
Trustee

BD **Bidyut Dutta**
Compliance & Finance Manager

SG **Samiksha Goel**
Programme Manager

SK **Shiny Kharsynteng**
Project Coordinator

AT **Aporna Tanti**
Field Coordinator

PB **Parishmita Baruah**
Field Coordinator

GG **Gouri Goshai**
Field Coordinator

SH **Sadam Hussain**
Field Coordinator

JK **Jarif Khan**
Field Coordinator

ZH **Zahoor Hussain**
Field Coordinator

JC **Javed Chauhan**
Field Coordinator

AM **Anjona Mahi**
Ultimate Frisbee Coach

Partners, Donors & Stories

Donor / Institutional Support

National Foundation for India (NFI) | Dhwani Foundation | Azim Premji Foundation | PlayQuity KickOff Solutions

Testimonial

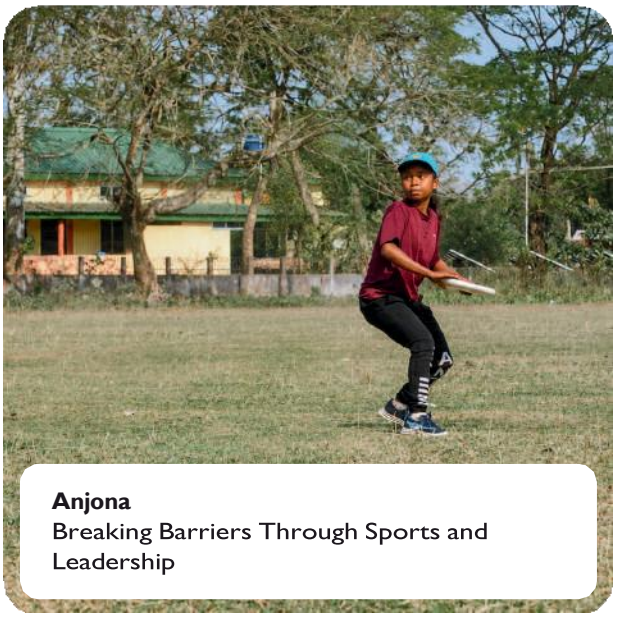
By Toshi, Programme Officer, NFI

Jeevan Shiksha stands out as a vital partner in NFI's CSO Resilience Grant programme, united with us in our mission to support communities on the margins. This collaboration has unlocked opportunities for the collective good. Jeevan Shiksha exemplifies resilience, turning challenges into progress through strong systems and a committed team.

Stories from the Community

Anjona grew up in the Balijan Tea Estate community in Dibrugarh, Assam, facing economic hardship and family responsibilities after losing her mother at a young age. While continuing her education, she also managed household responsibilities and faced social expectations around early marriage. Her entry into sports began in 2021, when she received three months of sports training from Jeevan Shiksha. Her dedication and potential led her to join PlayQuity. She later applied for and completed a two-year KickOff Fellowship.

In 2024, Anjona was selected by the Ultimate Players Association of India to participate in the Ultimate Peace Camp in the United States, where she interacted with players and coaches from different countries.



Anjona
Breaking Barriers Through Sports and Leadership

Today, she works as an Ultimate Frisbee coach, training girls from tea garden communities who have had limited access to sports. Her experience has enabled her to develop leadership and coaching skills while creating opportunities for other girls to participate in sport. Her story reflects how sustained exposure to sport, mentorship and wider opportunities can expand young people's confidence and aspirations.

Financials

" JEEVAN SHIKSHA"
VILL : MERELI PATHAR, P.O. CHABUA
DIST. DIBRUGARH, ASSAM -786184
REGD. NO. 1963/2017

INCOME & EXPENDITURE ACCOUNT FOR THE PERIOD 01.04.2025 TO 31.03.2026

EXPENDITURE	AMOUNT	AMOUNT	INCOME	AMOUNT	AMOUNT
To NFI Grant received		7,96,304.00	By NFI Grant received		7,96,304.00
To APF Grant Received		11,90,702.42	By APF Grant Received		11,90,702.42
To Exps. Under MITA Project			By Maee Education Program		
Medicine Purchase	1,16,910.00		Donation Received		4,97,590.00
Less : Closing Stock	18,406.64				
	98,503.36		By MITA Project Sponsorship		2,22,730.00
Doctors Honorarium	42,500.00				
Maint. Expenditure	31,512.00	1,72,515.36	By Donation		
			General Donation A/c		2,78,200.00
To Exp. Maee Education Prog.					
Bal-Mela Exps.	31,097.00		By Bank Interest		
Salary	1,72,000.00		Punjab National Bank	7,941.00	
Fooding & Lodging	1,36,700.00		HDFC Bank	19,130.00	27,071.00
Travelling Exps.	11,212.00				
Printing & Stationeries	17,523.00				
Consultant Fees	14,500.00				
Broucher Design	10,000.00				
Repair & Maintenance	30,099.00				
Resource Person	25,500.00	4,48,631.00			
To Maintenance A/c					
Salary	1,77,000.00				
Bank Charge	538.70				
Travelling Exps.	49,781.00				
Repair & Maintenance	32,028.00				
Foundation Day	6,850.00				
Kishori Mela	41,527.00				
Telephone & Internet	2,337.00	3,10,061.70			
To Depreciation		39,550.00			
To Surplus		54,832.94			
		30,12,597.42			30,12,597.42

IN TERMS OF OUR REPORT OF EVEN DATE

FOR : HARISH K AGARWAL & CO.,
(CHARTERED ACCOUNTANTS)
FIRM REGD.NO.325104 E

(HARISH KUMAR AGARWALA)
PARTNER
MEMBERSHIP NO. 061829
UDIN : 26061829RGLUB51855

Place : Bongaigaon

Date : 18.09.2026

Bodyik Das
18/09/26

Munin Deka
18/09/26

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"JEEVAN SHIKSHA"
VILL : MERELI PATHAR, P.O. CHABUA
DIST. DIBRUGARH, ASSAM -786184

REGD. NO. 1963/2017

BALANCE SHEET AS ON 31.03.2026

LIABILITIES	AMOUNT	AMOUNT	ASSETS	AMOUNT	AMOUNT
Fund Account			Fixed Assets		
O/B as per last A/R	2,70,230.78		(As per Details)		1,68,222.00
Less : Unspent Grant of NFI	2,19,879.00				
Less : Unspent Grant of Bookworm	1,394.00		Closing Stock of Medicine		18,406.64
	48,957.78				
Add : Surplus	54,832.94	1,03,790.72			
			Closing Balance		
Current Liabilities (Payables)			Cash at Bank		
Payable for Salary, Travelling			Punjab National Bank		
& Medicine bill etc. (O/B)	1,46,801.00		(S/B A/c No.0014010428569)	62,112.08	
Add : This Year	1,55,981.00		HDFC Bank		
	3,02,782.00		(S/B A/c No.50100804604391)	1,85,927.58	
Less : Adjusted/Paid	2,00,801.00	1,01,981.00	HDFC Bank		
			(S/B A/c No.50100845422204)	47,225.00	2,95,264.66
Unspent Grant					
(As per Details)		2,76,866.58	Cash in Hand		745.00
Total :-		4,82,638.30	Total :-		4,82,638.30

IN TERMS OF OUR REPORT OF EVEN DATE

FOR : HARISH K AGARWAL & CO.,
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FIRM REGD.NO.325104 E

(HARISH KUMAR AGARWALA)
PARTNER
MEMBERSHIP NO. 061829
UDIN : 26061829RGLUBS1855

Place : Bongaigaon

Date : 18.09.2026

Bodhi Das
18/09/2026

Munin Deka
18/09/2026

Jeevan Shiksha
Date
Chabua, Dibrugarh

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Developed By

RNBA

Office Location
Jeevan Shiksha Mereli Pather Gaon, P.O. Chabua
Dibrugarh, Assam – 786184

+91 9678494812 / +91 9954051258
jeevanshiksha.india@gmail.com

www.jeevanshiksha.in